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Acne Patients See the Light with Pulse Dye Laser

NEW YORK, Sept. 21 /PRNewswire/ -- Pills, creams, facials, scrubs - the shopping list for acne patients seems never-ending, not to mention costly. Whether you are 16 or 38, woman or man, no doubt acne is a familiar foe. Yet, while treatment options abound, few target the source of the outbreak as effectively as Pulse Dye Laser.

Manhattan dermatologist Judith Hellman has been successfully using PDL for acne treatment for over three years, with no recurrences or flare-ups. "The PDL selectively destroys the infrastructure of the cysts, by targeting their red color," says Dr. Hellman. "Since pimples tend to recur in the same locations, lasering them repeatedly allows me to effectively eliminate them."

"Most of my patients prefer the laser to Accutane, an oral medication with potentially serious side effects," says Dr. Hellman. "PDL clears up acne without costly Photodynamic Therapy (PDT) in three to four treatments. Not only that, but PDL treatments are harmless, painless and highly effective!"

Dr. Hellman is offering acne treatments with PDL at a promotional rate of \$350 per treatment, to make it affordable to students and young professionals. "Best of all," she points out, "the laser helps everyone: male, female, younger, older. Many women in their forties suffer from pimples resulting from hormonal fluctuations, and from Rosacea, which is similar to acne. The PDL treats all these conditions with success. All my patients, including some celebrities, love the outcome!"

About Dr. Judith Hellman

Dr. Hellman is a Board Certified Dermatologist, who sub-specializes in Laser surgery, Anti-Aging skin treatments and Dermatological surgery. She is an Assistant Professor of Dermatology at Mount Sinai Medical Center, and has been in private practice in New York City since 1993. Dr. Hellman spent several years training in laser surgery for various skin conditions and the surgical treatment of skin cancers at the prestigious Long Island Laser CosmediCenter. She has authored numerous papers for medical journals and has been interviewed for TV, radio and magazines in both the U.S. and internationally. She is fluent in English, Hebrew, and Hungarian.

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