

## SILK'N BLUE STOPS ACNE IN ITS TRACKS

Posted by Wendy 10.03.13

If you're sick and tired of taking antibiotics that kill your stomach, benzoyl peroxide that dries out your skin, and trying to hide your breakouts with mounds of concealer, **Silk'n Blue** offers an alternative way to treat acne. This home-care device harnesses a combination of energies that not only kill the nasty acne-causing bacteria on your skin, but it also helps heal pimples quickly, and attacks oil-producing glands to prevent future breakouts. The result is visibly clearer skin in just 3 to 7 weeks of use, without

irritation.

Simple to operate, Silk'n Blue is supposed to be used daily during the course of your acne breakout for about 6 to 8 weeks. You just direct the blue light to each of your pimples for 3 or 4 minutes. After your acne has cleared up, maintenance treatments are recommended weekly to keep breakouts under control. You can use it on your face, chest, back, or anywhere pimples plague you. As with most home light therapy devices, your skin may feel a slight warmth and mild redness may occur but it is not painful and fades quickly.

The key, according to **New York City Dermatologist Judith Hellman**, is to follow directions and stick with Silk'n Blue to reap the benefits. "I am very impressed with the results my patients have achieved with Silk'n Blue. This is a unique at-home device that uses dual energy therapy to treat acne through blue light energy to target acne causing bacteria, coupled with dermal heating to reach overactive oil glands. It is easy to use for only a few minutes on the affected area. With continued use, Silk'n Blue can clear acne lesions for mild to moderate acne sufferers."