



# Anti-Aging Beauty: Silk'n Beauty Brunch and a ReVit Microdermabrasion Tool Giveaway

AUGUST 6, 2015 • BEAUTY, FASHION BLOG, GIVEAWAYS •



Since I am the all-too-willing guinea pig for *all* things anti-aging (as I refuse to age gracefully – I will claw my way back down that aging ladder if I have to) and am always up for brunch, I attended a [Momtrends Beauty Brunch](#) last month to learn about the Silk'n ReVit Microdermabrasion tool. Now let me preface by saying I am not a dermabrasion fan. I've had a few bad experiences/results in the past so I prefer to go the laser route. Yet, I was intrigued.

Years ago, when I still lived in Chicago I tried a package of spa dermabrasion sessions since I was not happy about the sun discoloration that was beginning to appear on my face due to previous years of sun abuse. I was told this was the route to go, yet I found I had a bad reaction to the sessions and they caused me to break out in welts. I only did two of the three sessions realizing it wasn't for me. Then I tried something called a "Green Peel" which was even worse. I had what I think were twigs, nuts and berries rubbed on my face until it felt raw and was forced to lay with what felt like acid on my face for an eternity (about 20 minutes of hell). I was surprised to find my skin looked mildly red afterwards as I had expected to see it look like raw hamburger meat.

Within 3 days large chunks of dead skin were falling into my lap while I was driving. I could not have looked worse. In fact, I called in sick to work the fourth day because I looked so horrendous. Well once my skin molted, I looked fabulous for a about a month, but I was never going to do that again! So I have happily avoided dermabrasion and acid peels since.



Brunch!



That's me, Lauren Dimet Waters, chatting away!

## THE BRUNCH

Anywho, back to the brunch...with a mimosa in hand and some food in my belly I happily checked out the **ReVit Micordermabrasion wand** which looked harmless enough. It wasn't until I listened to Dr. Judith Hellman M.D. speak about the product and saw it demonstrated that I knew I had to give the whole dermabrasion thing another shot. I still have some sun spots on my face that irritate me and fine lines I would like to rid myself of forever.

Dr. Hellman tested the Silk'n ReVit wand and proclaimed even those with the most sensitive of skins have zero irritation problems since the tool is super gentle. She also stressed the importance of prevention versus treatment. Even though you might not think you *need* anti-aging products quite yet, if you are diligent about a beauty routine now and regularly use products, like the affordable Silk'n ReVit, you will have less to worry about down the road (listen up 30 year-olds!).



Dr. Judith Hellman M.D.

ReVit allows you to do microdermabrasion in the comfort of your own home for a fraction of the price of a spa treatment or visit to your dermatologist/plastic surgeon. It's only \$99 (and we have a special limited-time discount code for 20% off at the bottom of this post)! The tool combines gentle microdermabrasion exfoliation with vacuum stimulation to reduce the appearance of **age spots, fine lines and acne scars** and improves skin tone, texture and elasticity by removing those dead skin cells to reveal a flawless complexion.

Traditional crystal microdermabrasion tools can leave aluminum oxide debris behind which can make your face look dirty and irritate your eyes. Oh, maybe *that's* what I had a bad reaction! Silk'n ReVit uses diamond abrasion so there is no irritation.



This is why I don't play poker. My usual expression. I've just asked a question.

### ACTUAL RESULTS

I have been using my Silk'n ReVit religiously (every other evening) for the past 4 weeks and I am completely and utterly hooked. The kit comes with 3 different diamond heads (Fine, Coarse and Precision). I am most comfortable with the fine head on the lightest vacuum setting (there are 2 speeds). Simply follow the chart on how to move the wand across your face and the the old, dull topmost layer of the skin is removed. I microderm on my bed while watching Bravo. I saw noticeable results after one week!



However, I had concerns about the pulling sensation on my skin. Could it have any adverse effects since pulling aging skin is a no-no? So I asked Dr. Hellman whether the 'pulling skin' should be a concern. "I don't think the vacuum should be a concern! First of all, it can be used on the lower suction intensity setting (there are 2) for comfort, if desired. Second, the vacuum actually helps increase blood flow to the skin, which triggers increased collagen and elastic tissue production. This, in turn, helps restore the skin's firmness and reduce sagging. So I believe that the vacuum is actually very beneficial for (ahem) aging skin!" Phew. Carry on. You can use Silk'n ReVit on your face but also your neck and the back of hands as well. Oh and be sure to use SPF and stay out of the sun or wear a hat. Otherwise those sun spots are coming back!

### THE GIVEAWAY

Want the chance to win one for yourself? We are giving one (1) **Silk'n ReVit** away (value: \$99).

