

# THENATIVESOCIETY®

Tell Us Your Native Story.

## DR. JUDITH HELLMAN: COSMETIC DERMATOLOGIST

 THURSDAY, SEPTEMBER 24, 2015 AT 02:47PM



### **What's Your NativeAdVantage:**

#### **Bio:**

" is my passion. I pride myself not only on my training and experience, but my sense of aesthetics, which is rooted in my background as a musician. The hallmark of my work is the 'natural look' and a sense of harmony. I perform all laser and cosmetic treatments personally, to assure the best results with the greatest safety. I strive to help my patients improve their appearance and boost their self-esteem, to give them the confidence they need to feel they can conquer the world."

Dr. Hellman received her B.A. Magna Cum Laude from Boston's Berklee College of Music. An accomplished musician, she decided to switch gears and pursue a medical career. She graduated Mount Sinai Medical School in 1989, completed her internship at Beth Israel Hospital and trained in dermatology at SUNY Stony Brook, where she was elected chief resident in dermatology. Dr. Hellman spent several years after residency specializing in the surgical treatment of skin cancers and in the use of lasers for various skin conditions. She is currently an Associate Professor of Dermatology at Mount Sinai Medical Center.

#### **What do you do best?**

Natural looking injections for fillers, botox and skin surgeries

#### **What makes you the best?**

Many, many years of musical training and violin and piano practice that helped me develop my fine motor skills and sense of harmony of the face

#### **How will you stay the best?**

I will keep practicing injectibles, surgery, and the piano!

# JUDITH HELLMAN M.D. PLLC

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## What are your aspirations?

**Personal:** To have time to scuba dive and see my 18 year old son perform his music to big audiences!

**Business:** To continue to grow the practice and apply all the new laser technologies and other anti-aging and acne treatments for the benefit of my patients

## What fascinates you?

People, they are all different, each a different puzzle to figure out

## Motto:

Against all odds

## People:

My mother- a working doctor at age 86 and my role model

## Places:

Anywhere near a warm beach with scuba diving.

## Products:

I Love my Vitamin C serum, my Broad Spectrum BB cream with SPF 50 and my Age Defying Exfoliator. They make my skin feel like pure silk!



**Passions:**

Making people look their best which gives them the confidence to go out and conquer the world.